



CHRIS'S CHILDCARE CENTRE

0 TO SCHOOL

TRADING AS CHRIS'S CHILDCARE LTD. 11894528

www.chrisschildcare.com

christines_childcare@hotmail.co.uk

01572 756461

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Health and Safety Policy – EYFS 2025 Compliant

Relevant legislation

- Early Years Foundation Stage (EYFS) Statutory Framework (2025)
- Health and Safety at Work Act 1974
- Food Safety Act 1990 and associated regulations
- Control of Substances Hazardous to Health Regulations (COSHH)
- UK GDPR and Data Protection Act 2018 (for health records)

Purpose

This policy sets out how I ensure the health, safety, and wellbeing of children in my care, in compliance with the legal frameworks.

1. Commitment to Safety

I am committed to:

- Providing a safe, secure, and healthy environment for children, parents, visitors, and myself
- Preventing accidents, injuries, and the spread of illness
- Meeting and exceeding EYFS 2025 safety and welfare requirements

2. Risk Assessment

- I carry out and record regular risk assessments for:



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- o The home and outdoor play areas
- o Outings and trips
- o Specific activities (e.g., cooking, water play)
- Risk assessments are reviewed **at least annually** or sooner if there are changes.
- Hazards are identified, removed, or minimised immediately.

4. Supervision

- Children are supervised within sight and/or hearing at all times, depending on age and stage of development.
- Visitors are never left alone with children.
- Contractors are supervised and only work in safe areas during childminding hours.

5. Safer Eating and Mealtimes (EYFS 2025)

- A valid Paediatric First Aid (PFA) certificate qualified adult is present during all meals and snacks.
- Children are seated and supervised while eating to reduce choking risks.
- Food is cut to an appropriate size, avoiding high-risk choking foods.
- A **choking incident log** is maintained and reviewed termly.
- Allergy and dietary needs are recorded and action plans followed.
- I keep an eye on the meals brought in to ensure they're healthy and balanced, following government nutrition guidelines.

6. Special Dietary Needs & Allergies

- I ask all parents to provide detailed information about any **food allergies, intolerances, or dietary restrictions** before a child starts attending.



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- I maintain an **Allergen Record** for each child, which is updated regularly and shared with all adults working in the setting.
- Foods containing major allergens are clearly identified, and I take every precaution to avoid cross-contamination.
- The 14 recognised allergens (as listed by the Food Standards Agency) are:
 1. Celery
 2. Cereals containing gluten (such as wheat, rye, barley, oats)
 3. Crustaceans (such as prawns, crab, lobster)
 4. Eggs
 5. Fish
 6. Lupin
 7. Milk
 8. Molluscs (such as mussels, oysters, squid)
 9. Mustard
 10. Nuts (such as almonds, hazelnuts, walnuts, etc.)
 11. Peanuts
 12. Sesame seeds
 13. Soya
 14. Sulphur dioxide and sulphites (often found in dried fruit)
- All meals are prepared with allergen awareness in mind. Separate utensils, chopping boards, and cleaning procedures are used to prevent cross-contamination.
- If a child has a severe allergy, an individual care plan and emergency procedure will be created in consultation with parents and healthcare professionals.
- No food will be shared between children to prevent accidental exposure.

6. Hygiene and Infection Control

- Handwashing before and after eating, after toileting, and after outdoor play.



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- Toys and equipment cleaned regularly.
- Illness exclusion periods followed in line with public health guidance (please refer to the Sick Child policy.)

7. Toileting and Intimate Care Privacy (EYFS 2025)

- Nappy changing and toileting respect children's privacy while maintaining safeguarding visibility with a separate bathroom area and nappies changed discreetly as possible.
- Changing areas are clean, well-ventilated, and stocked with supplies.
- Procedures are discussed with and agreed by parents.

8. Accident and Incident Procedures

- All accidents and incidents are recorded in **Famly and on Paper**
- Parents are informed the same day and sign the record.
- Serious accidents or injuries are reported to my CMA within **14 days**.

9. First Aid

- I hold a current **Paediatric First Aid** certificate, refreshed every three years.
- A first aid kit is available and stocked at all times, including during outings.
- Emergency contact numbers are kept accessible, with **at least two contacts per child**.

10. Fire Safety

- Smoke alarms tested weekly.



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- Fire evacuation drill practised with children at least once every term.
- Fire escape routes kept clear.

11. Outings

- Risk assessment carried out for each time we have occasional outing e.g. farm
- Risk assessment is carried out more frequently on outings that are part of our weekly routines e.g. school runs
- Parents informed in advance and consent obtained.
- Member of staff to have mobile phone for emergencies and access to Family.

12. Safe Storage

- Medicines, cleaning products, and sharp objects stored out of children's reach
- Hazardous substances stored in locked cupboards
- Hot drinks kept away from play areas.

13. Review

This policy will be reviewed annually or immediately after any serious incident or legislative change.

Childminder's Signature: ____ c nelson _____

Date: ____ 03/12/2025 _____

Review Date: ____ 03/12/2026 _____